

JANUARY 2023

IMPORTANT PHONE NUMBERS

EMERGENCY:
911
After-Hours Maintenance
Emergency:
714-973-7501
Office:
714-960-1600
Courtesy Patrol:
877-819-3031
HB Police – Non-Emergency:
714-960-8811
Spectrum Cable:
714-981-4424 (Dan Nguyen)
Gas Company:
800-427-2200
Electric Company:
800-684-8123
Senior Center in Central Park:
714-536-5600
Seniors on the Go Transportation:
714-374-1742
Email:
fgseacliff@sares-regis.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 New Year's Day OFFICE CLOSED	2 9:00 Coffee 10:30 Wii Bowling 1:00 Bridge	3 9:00 Coffee 10:30 Senior Fit 1:00 Mah Jongg	4 9:00 Coffee 10:30 Wii Bowling 1:00 Bridge	5 9:00 Coffee 10:30 Wii Bowling	6 9:00 Coffee 10:30 Senior Fit 1:00 Mah Jongg 5:30 Resident Social	7 9:30 Donut Dunk 10:30 Wii Bowling 3:00 Movie 6:30 Bingo
8 10:30 Wii Bowling	9 9:00 Coffee 10:30 Wii Bowling 1:00 Bridge	10 9:00 Coffee 10:30 Senior Fit 1:00 Mah Jongg	11 9:00 Coffee 10:30 Wii Bowling 1:00 Bridge	12 9:00 Coffee 10:30 Wii Bowling	13 9:00 Coffee 10:30 Senior Fit 1:00 Mah Jongg 5:30 Resident Social	14 9:30 Donut Dunk 10:30 Wii Bowling 3:00 Movie
15 10:30 Wii Bowling	16 Martin Luther King Jr. Day 9:00 Coffee 10:30 Wii Bowling 1:00 Bridge	17 9:00 Coffee 10:30 Senior Fit 1:00 Mah Jongg	18 9:00 Coffee 10:30 Wii Bowling 1:00 Bridge	19 9:00 Coffee 10:30 Wii Bowling 3:00 Craft Day with Cathy	20 9:00 Coffee 10:30 Senior Fit 1:00 Mah Jongg 5:30 Resident Social	21 9:30 Donut Dunk 10:30 Wii Bowling 3:00 Movie 6:30 Bingo
22 10:30 Wii Bowling	23 9:00 Coffee 10:30 Wii Bowling 1:00 Bridge	24 9:00 Coffee 10:30 Senior Fit 1:00 Mah Jongg	25 9:00 Coffee 10:30 Wii Bowling 1:00 Bridge	26 9:00 Coffee 10:30 Wii Bowling 3:00 Resident Birthday Party	27 9:00 Coffee 10:30 Senior Fit 1:00 Mah Jongg 5:30 Resident Social	28 9:30 Donut Dunk 10:30 Wii Bowling 3:00 Movie
29 NATIONAL PUZZLE DAY 10:30 Wii Bowling	30 9:00 Coffee 10:30 Wii Bowling 1:00 Bridge	31 9:00 Coffee 10:30 Senior Fit 1:00 Mah Jongg				

JANUARY BIRTHDAYS

- Marlee S. 1/01
- Karl K. 1/03
- Sun Im K. 1/04
- Rosalind F. 1/06
- Kathryn C. 1/07
- Fred V. 1/08
- Joan P. 1/11
- Kathryn B. 1/11
- Herbert S. 1/11
- Inger N. 1/15
- Lauren W. 1/15
- Debra K. 1/15
- Gerald P. 1/21
- Suzette P. 1/21
- Diane H. 1/24
- Kathleen R. 1/26
- William D. 1/26
- Diane W. 1/29
- Helen S. 1/31

